

# Troop 22 Tarrytown, NY

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## Basic Overnight Outing Equipment Checklist

### CLOTHING

Hat (for the season)  
Tent (one per buddy group)  
Spare Hat (wool or polypro)  
Sleeping Bag (in stuff sack)  
Gloves or Mittens  
Sleeping Pad  
Rainshell (eg, Poncho, Rain Parka and Pants)  
Backpack (Nothing in your hands!)  
Windshell (lightweight, with hood)  
Wind Pants

### PERSONAL STUFF

Sweater or Fleece Jacket (No Sweatshirts!)  
Long Pants (Something wind resistant. *No Jeans or Sweatpants!*)  
Toothbrush and Toothpaste  
Toilet Paper (in a baggie)  
First Aid Kit  
Long Sleeved Shirt  
Sunscreen  
Wool Socks (two layers plus a spare pair)  
Insect Repellent  
Boots

### COOKING EQUIPMENT

Compass and Whistle (on lanyard)  
Stove (one per tent)  
Matches (in waterproof container)  
Fuel (one bottle per tent)

Mitten Shells  
Gaiters  
Long Johns (*No Cotton!* Polypro is best.)  
Enough Fuel (to melt snow)

Flashlight (*Small!* Preferably a headlamp)  
Cook Pot (2-3 quart; one per tent)  
Candle (emergency fire starter)  
Cup, Spoon  
Sunglasses  
(No Forks, Knives, Bowls, Plates...)  
Pocket Knife (*No Sheath Knives, Axes ...*)  
Food (as planned with your buddies)  
Water Bottle  
Detergent (one-ounce squeeze bottle)  
Garbage Bag (survival shelter)  
P-Cord (25 feet or so)  
Map

### WINTER SUPPLEMENT

Wool (or Fleece) Pants  
Adequate Warm Layer (!)  
Wool Shirt  
Winter Boots  
Heavy Mittens  
Vapor Barrier Liner Socks

### DO NOT BRING

Electronic Equipment  
Shovel  
Saw  
Glass Containers  
Axe  
Aerosol Cans  
Sheath Knife  
Weapons (including toys)